

Matthew L. Vasquez, PhD, LMSW

Assistant Professor – Department of Social Work
University of Northern Iowa

EDUCATIONAL HISTORY

- 2014 Ph.D., Social Work, University of Iowa, Iowa City, Iowa
 Dissertation: *The impact of reactive attachment disorder on family functioning.*
- 2010 M.S.W., Social Work, University of Iowa, Iowa City, Iowa
- 2006 A.B., Religion, Bowdoin College, Brunswick, Maine

ACADEMIC APPOINTMENTS

- 2017- Assistant Professor, University of Northern Iowa, Department of Social Work
- 2014 - 2017 Assistant Professor, University of Southern Mississippi, School of Social work

PROFESSIONAL PUBLICATIONS

Injured Publications

- Grijalva, F., & **Vasquez, M.L.** (2019). Preliminary Findings of KINNECT: A Psychosocial Intervention for Youth in Residential Treatment. *Residential Treatment for Children & Youth*, 1-20.
- Vasquez, M.L.**, & Miller, N. (2018). Aggression in children with reactive attachment disorder: A sign of deficits in emotional regulatory processes? *Journal of Aggression, Maltreatment & Trauma*, 27(4), 347-366.
- Vasquez, M. L.**, & Boel-Studt, S. (2017). Integrating a trauma-informed care perspective in baccalaureate social work education: guiding principles. *Advances in Social Work*, 18(1), 1-24.
- Vasquez, M.L.**, Saunders, E., Haskins, M., & Murty, S. (2017). Outcome findings of an undergraduate certificate program in cultural competency. *Journal of Ethnic & Cultural Diversity in Social Work*, 28(3), 297-316.
- Vasquez, M.L.**, & Stensland, M. (2016). Adopted children with reactive attachment disorder: A qualitative study on family processes. *Clinical Social Work Journal*, 44(3), 319-332.
- Renner, L. M., Whitney, S. D., & **Vasquez, M.L.** (2015). Individual and interpersonal risk factors for physical intimate partner violence perpetration by biological sex and ethnicity. *Violence and Victims*, 30(1), 97-119.
- Saunders, J. A., Haskins, M., & **Vasquez, M.L.** (2015). Cultural competence: A journey to an elusive goal. *Journal of Social Work Education*, 51(1), 19-34.
- Peckover, C. A., **Vasquez, M.L.**, Van Housen, S. L., Saunders, J. A., & Allen, L. (2013). Preparing school social work for the future: An update of school social workers' tasks in Iowa. *Children & Schools*, 35(1), 9-17.

Manuscripts Under Review

Boel-Studt, S., **Vasquez, M.L.**, & Randolph, K. A survey of trauma-specific offerings within accredited social work programs in the United States and Canada. *Journal on Social Work Education*.

Kysar-Moon, A., & **Vasquez, M.L.** The Effects of yoga on PTSD and depression in Women: A meta-analysis. *Aggression, Maltreatment, and Trauma*.

RESEARCH PROJECTS

The effects of trauma-sensitive yoga (TSY) and tai chi on PTSD and other co-morbid symptoms: A pilot RCT (current). Principle Investigators: Dr. Matthew Vasquez (Social Work) and Dr. Ashleigh Kysar-Moon (Sociology).

The effects of Rainbowdance on socio-emotional and academic functioning for K-3rd grade student populations: A feasibility study (2017-2019). Principle Investigator: Dr. Matthew Vasquez (UNI-Social Work), Dicki Macy (Boston Children's Foundation), Dr. Robert Macy (International Trauma Center) and the Partnership in Education and Resiliency (PEAR) of the McLean Hospital - Harvard University.

RESEARCH GRANTS

Internal Grants – University of Northern Iowa

2017 – Present: Capacity Building Grant – Department of Research and Sponsored Programs - \$6,725

Principle Investigators: Dr. Matthew Vasquez and Dr. Kysar-Moon.

Project Title: The effects of trauma-sensitive yoga and tai chi on mental health: A pilot randomized control trial.

PROFESSIONAL PRESENTATIONS

National (Juried)

Vasquez, ML., Kysar-Moon, A., & Ludwig, T. (March 2020). *Effects of Trauma-Sensitive Yoga and Tai Chi on Mental Health: A Randomized Control Trial*. International Society of Trauma and Dissociation (ISSTD) 37nd Annual Conference, San Francisco, CA.

Boel-Studt, **Vasquez, M.L.** & Randolph, K. (Oct 2019). *Trauma-education in social work programs in the United States and Canada*. Council on Social Work Education 65th Annual Program Meeting, Boulder, CO.

Kysar-Moon, A., & **Vasquez, M.L.** (August 2019). *Counseling and adjunctive therapies: Does social support help diminish mental health symptoms?* American Sociological Association, New York, New York.

Vasquez, M.L. & Boel-Studt (November, 2016). *Integrating a trauma-focused perspective in baccalaureate Social Work Education*. Council on Social Work Education 62th Annual Program Meeting, Atlanta, GA.

Macy, R.M., **Vasquez, M.L.**, & Grijalva, F. (July, 2015). *Addressing complex childhood trauma using evidenced-based interventions and trauma informed care: Implications for youth in residential treatment*. American Professional Society on the Abuse of Children 23rd Annual Conference, Boston, MA.

Vasquez, M.L., Macy, R.M., & Grijalva, F. (April, 2015). *The use of neurosequential resiliency processing in the treatment complex trauma and severe dissociation: A case study of two children in residential treatment*. International Society of Trauma and Dissociation (ISSTD) 32nd Annual Conference, Orlando, FL.

Vasquez, M.L. (January, 2015). *A developmental model of behavior in children diagnosed with reactive*

attachment disorder. Society of Social Work Research 19th Annual Conference, New Orleans, LA.

Saunders, E., **Vasquez, M.L.**, & Haskins, M. (October, 2013). *Outcome findings of a certificate program in Cultural competence*. Council on Social Work Education 59th Annual Program Meeting, Dallas, TX.

Vasquez, M.L. (October, 2013). *Reactive attachment disorder and the family: Implications for mental health and adoption*. Council on Social Work Education 59th Annual Program Meeting, Dallas, TX.

Vasquez, M.L. (June, 2013). *Stress, stigma, and family functioning among families who adopt children with reactive attachment disorder: A qualitative study*. 25th Annual Ethnographic & Qualitative Research Conference, Cedarville, OH

Peckover, C. & **Vasquez, M.L.** (October, 2011). *Preparing school social work for the future: An update of school social workers' tasks in Iowa*. Council on Social Work Education 57th Annual Program Meeting, Atlanta, Georgia.

Saunders, E., & **Vasquez, M.L.** (November, 2010). *Promoting social justice through service learning*. American Public Health Association. Denver, CO.

State and Regional (Juried)

Vasquez, M.L. (September 2019). *An Advanced Overview of Acute and Complex Trauma*. Trauma Informed Conference – “From Knowledge to Skill Practice”, Jackson, MS.

Vasquez, M.L., & T. Kolbo (September 2019). *Yoga as an Adjunctive Treatment for Stress and Trauma*. Trauma Informed Conference – “Riding the Storm Together”, Jackson, MS.

Vasquez, M.L. (September 2018). (**Keynote**) *Trauma in the context of Cultural Diversity, Power, and Privilege*. Trauma Informed Conference – “From Knowledge to Skill Practice”, Jackson, MS.

Vasquez, M.L., & Miller, N. (September, 2018). *“Body-Based Skills for Processing Traumatic Stress - a Toolkit for Individuals in High-Risk Professions”*. Trauma Informed Conference – “From Knowledge to Skill Practice”, Jackson, MS.

Vasquez, M.L., & Eppler, J. (September, 2016). *An overview of complex trauma and innovative treatment considerations*. Trauma Informed Conference – Facing the Storm: From Basics to Practice, Jackson, MS.

Vasquez, M.L., & Miller, N. (September, 2016). *The effects of early childhood (0-3) neglect on the developing brain and the implications for treatment*. Trauma Informed Conference – Facing the Storm: From Basics to Practice, Jackson, MS.

Vasquez, M.L., Goff, E., & Takewell, M. (March, 2016). *Trauma informed practice for social workers: An overview of traumatic stress and innovative approaches to its treatment*. NASW Mississippi Annual conference, Biloxi, MS.

Vasquez, M.L., & Miller, N. (September, 2015). *Early childhood neglect and deprivation*. Trauma-Informed Care Conference – Facing the Storm: From Basics to Practice, Jackson, MS.

Vasquez, M.L., & Mills, B. (March, 2015). *Understanding the new science of neglect: An overview of brain development, affect regulation, and the implications for clinical practice*. NASW Mississippi Annual Conference, Biloxi, MS.

Invited Presentations/Trainings (Non-Juried)

- Vasquez, M.L.** (September, 2019) – *Advanced Practice in Trauma-Informed Care*. Gulf Coast Center for Non-Violence. Gulfport, Mississippi.
- Vasquez, M.L.** (May, 2019). **(Keynote)** – *Trauma, stress, and the mind-body connection*. UNI Trauma Informed Care Conference. University of Northern Iowa, Cedar Falls, Iowa
- Vasquez, M.L.** (May, 2019). *The effects of trauma on the brain and body*. Prevent Child Abuse Iowa Conference. Des Moines, Iowa.
- Vasquez, M.L.** (April, 2019). *Trauma and suicide*. Changing Minds Conference, Lutheran Services Incorporated. Dubuque, Iowa.
- Vasquez, M.L.** (March, 2019). **(Keynote)** – *Overview of secondary and vicarious trauma*. UNI Veteran PTSD Conference. University of Northern Iowa, Cedar Falls, Iowa
- Vasquez, M.L.** (January, 2019). **(Keynote)** – *An overview of caregiving on the developing brain*. Mind of a Child Mental Health Summit. HACAP, Cedar Rapids, Iowa.
- Vasquez, M.L.** (October 11, 2018). *An overview of trauma-informed care*. Neighborhood Center of Johnson County, Iowa City, IA.
- Vasquez, M.L.** (September 14, 2018). *New frontiers in alternative and body-based treatments*. Veteran Affairs Mental Health Summit, Iowa City, IA.
- Vasquez, M.L.** (August 22, 2018). *An overview of trauma, promoting regulation and calm, and trauma-Informed care in schools*. Highland Elementary Professional Development Training, Waterloo, IA.
- Vasquez, M.L.** (June 16, 2018). *Body based skills for de-escalation, grounding and promoting calm*. Keystone's Premier Education Conference (KPEC), Dubuque, IA.
- Vasquez, M.L.** (June 16, 2018). *Classroom activities for developing resiliency and community*. Keystone's Premier Education Conference (KPEC), Dubuque, IA.
- Vasquez, M.L.** (April 13, 2018). *Body based skills for de-escalation, grounding and promoting calm*. Keystone AEA Trauma Sensitive Schools Conference, Dubuque, IA.
- Vasquez, M.L.** (April 13, 2018). *Classroom activities for developing resiliency and community*. Keystone AEA Trauma Sensitive Schools Conference, Dubuque, IA.
- Vasquez, M.L.** (April 10, 2018). *Trauma and the Adult*. Cedar Valley Mental Health Summit. Hawkeye Community College, Waterloo, Iowa
- Vasquez, M.L.** (April 9, 2018). *Body based skills for de-escalation, grounding and promoting calm*. UNI Public Safety Officer Training, University of Northern Iowa, Cedar Falls, IA.
- Vasquez, M.L.** (April 6, 2018). *An advanced overview of acute and complex trauma*. UNI Public Safety Officer Training, University of Northern Iowa, Cedar Falls, IA.
- Vasquez, M.L.** (March 22, 2018) *An overview of trauma, promoting regulation and calm, and trauma-Informed care in schools*. Waterloo District-Wide Professional Development Training, Waterloo, IA.
- Vasquez, M.L.** (March, 19, 2018). *Body based skills for de-escalation, grounding and promoting calm*. Center on Teaching and Learning, University of Northern Iowa, Cedar Falls, IA.
- Vasquez, M.L.** (March 1st, 2018). *Body based skills for de-escalation, grounding and promoting calm*. Building Direction for Families, Manchester, IA.

Vasquez, M.L. (February, 22, 2018). *An advanced overview of acute and complex trauma*. Building Direction for Families, Oelwein, IA.

Vasquez, M.L. (June, 2017). An overview of trauma and ACEs. *Trauma informed care conference: Strengthening resiliency to mitigate ACEs*. University of Northern Iowa, Cedar Falls, Iowa

Vasquez, M.L. (October, 2016). *An overview of acute and complex trauma in children*. ADHD and Related Concerns Conference, Hattiesburg, MS.

Vasquez, M.L. (October, 2016). *An overview of early childhood neglect (ages 0-3)*. ADHD and Related Concerns Conference, Hattiesburg, MS.

Vasquez, M.L. (October, 2016). *Working with traumatized and maltreated children*. ADHD and Related Concerns Conference, Hattiesburg, MS.

Vasquez, M.L. (September, 2016). *An overview of the effects of childhood trauma*. Pearl River Valley Authority, Hattiesburg, MS.

Vasquez, M.L. (October, 2015). *Childhood trauma: An overview of cognitive, emotional, and somatic effects*. ADHD and Related Concerns Conference, Hattiesburg, MS.

Vasquez, M.L. (April, 2013). *Children with reactive attachment disorder and their impact on adoptive families: A qualitative study*. College of Social and Behavioral Science Student Research Conference, University of Northern Iowa, Cedar Falls, IA.

Vasquez, M.L. (April, 2013). *Reactive attachment disorder and its impact on adoptive families in Iowa*. NASW Iowa Chapter Annual Symposium, Des Moines, Iowa.

Vasquez, M.L. (April, 2013). *A qualitative examination of families who have adopted children with reactive attachment disorder*. James F. Jakobsen Graduate Conference, Graduate College, University of Iowa, Iowa City, IA.

AWARDS

Internal Awards - University of Southern Mississippi

2016 MSW Teacher of the Year
2015 MSW and BSW Teacher of the Year

Internal Awards - University of Iowa

2012 Outstanding Graduate Teaching Assistant Award
2013 John Craft Award
2013 Dissertation Award

External Awards - Council on Social Work Education

2015 JSWE Best Qualitative Article of Volume 51

TEACHING

University of Northern Iowa

Fall 2019 (current)

SWK: 6246 MSW Trauma Informed Practice I (2 sections, in person only)
 SWK; 6269 MSW Field Seminar

Summer 2019

SWK: 6234 MSW Primary and Secondary Trauma (2 sections, in person only)
 SWK: 4200 BSW Field Seminar (1 section, in person only)

Spring 2019

SWK: 6247 MSW Trauma Informed Practice II (2 sections, in person only)

Fall 2018

SWK: 6246 MSW Trauma Informed Practice I (2 sections, in person only)
 SWK; 6269 MSW Field Seminar

Summer 2018

SWK: 6234 MSW Primary and Secondary Trauma (2 sections, in person only)

Spring 2018

SWK: 6247 MSW Trauma Informed Practice II (3 sections, in person and online)

Fall 2017

SWK: 6247 MSW Trauma Informed Practice I (2 sections, in person only)

Summer 2017

SWK: 6234 MSW Primary and Secondary Trauma (3 sections, in person and online)

University of Southern Mississippi

SWK: 340 BSW Human Behavior in the Social Environment I
 SWK: 662 MSW Full-Time Field Seminar III
 SWK: 647 MSW Social Work Integrated Seminar IV
 SWK: 619 MSW Evidenced Based Social Work Practice
 SWK: 611 MSW Problem Solving with Individuals
 SWK: 629 MSW Problem Solving with Families
 SWK: 646 MSW Community and Organizational Development
 SWK: 677 MSW Advanced Practice with Children and Adolescents
 SWK: 692 MSW Trauma, Resiliency, and Clinical Social Work Practice

SERVICE

University of Northern Iowa

2018 - Chair - MSW Curriculum Committee
 2018 Search Committee - (1) Tenure track positions
 2017 Member - MSW Curriculum Committee
 2017 Search Committee - (2) Tenure track positions
 2017 Trauma Informed Collaborative

University of Southern Mississippi

2016 Search Committee - Associate Provost
 2014-2017 Faculty Advisor - Gulf Coast MSW Club
 2014-2016 MSW Admissions Committee
 2014-2016 Awards Committee

Continuing Education Workshops (for University and Community)

University of Northern Iowa

- Vasquez, M.L., & Ludwig, T.** (September, 2019). Trauma-responsive yoga. CEU training (18 hours).
- Vasquez, M.L.** (2017 – present, held once every semester). *An advanced overview of early childhood neglect.* CEU training (3 hours).
- Vasquez, M.L.** (2017 – present, held once every semester). *Adverse childhood experiences (ACEs), toxic stress, and epigenetic effects of trauma.* CEU training (3 hours).
- Vasquez, M.L.** (2017 – present, held twice every semester). *A body-based approach to trauma processing.* CEU training (3 hours).
- Vasquez, M.L.** (2017 – present, held twice every semester). *An advanced overview of acute and complex trauma.* CEU training (3 hours).

University of Southern Mississippi

- Vasquez, M.L.** (September, 2016). *Processing acute trauma.* Mississippi Integrated Health Program CEU training (6 hour training).
- Vasquez, M.L.** (2016). *Trauma informed practice for social workers: An advanced overview of traumatic stress and innovative approaches to its treatment.* CEU training (3 hours).
- Vasquez, M.L.** (2016). *The new science of neglect: An overview of brain development, affect regulation, and implications for social work practice.* CEU training (3 hours).
- Vasquez, M.L.** (2016). *Treating Trauma I – (Advance practice) Building safety, somatic regulation, and grounding.* CEU training (3 hours).
- Vasquez, M.L.** (2016). *Understanding trauma and traumatic stress for healthcare professionals.* CEU training (3 hours).

SELECTED PROFESSIONAL EXPERIENCE

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| 4/13 – 5/14 | Four Oaks Inc.
Therapist - Provided therapy to IEP level III children in youth residential treatment, PMIC placements, and in the Sexual Abuse Treatment and Re-orientation Program using trauma informed cognitive behavioral therapy, EMDR, mindfulness therapy, and play therapy. | Cedar Rapids, Iowa |
| 5/10 - 4/13 | Grace C. Mae Advocate Center
Therapist- Provided psychotherapy to individuals (adults, adolescents, and children), couples, and families for a variety of psychological conditions. Trained in non-directive and directive play therapy (Theraplay), sand tray, and EMDR. | Cedar Rapids, Iowa |
| 8/09 - 05/11 | Department of Veteran Affairs
Therapist (MSW practicum) - Assessed and diagnosed veterans with substance abuse and chemical dependency disorders using DSM- IV criteria. Provided individual, couples, and group therapy services to veterans diagnosed with chemical dependency disorders and/or PTSD. | Coralville, Iowa |

CONSULTANT EXPERIENCE

2019 – Present **Pathways Behavioral Services, Waterloo, IA** – Trauma-informed care consultant

2017 - Present **Midwest Trauma Services Network, Omaha, NE** – Clinical Consultant

2016 - Present **International Trauma Center, Boston, MA** – Research and Clinical Consultant

2014 – 2017 **University of Mississippi Child Welfare Academy, Jackson, MS**
DHS Mentor

LICENSE/CERTIFICATIONS

2010 – Present Licensed Master Social Worker (LMSW), State of Iowa Board of Social Work
Examiners, Iowa License #007544

2012 Eye Movement Desensitization Reprocessing [EMDR] Part I & II

2012 Theraplay® Basic Training